

Sportaerobic Aerobic Gymnastics



LIST OF DIFFICULTY ELEMENTS

IM / MP / IW / TR / GR / Dance / Step / Duo Age Group

Nation: _____

Competitor(s): _____

N	Group and Element Number	Description of Elements	Floor Element	Shorthand Symbol	Value	Judges remarks Qualification	Judges remarks Finals
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							
TOTAL:							

